ERDMAN DINING HALL Saturday 5.11

IV

BRUNCH

Oatmeal V Chocolate Chip Loaf **Blueberry Muffins V Crepe Bar Pancakes* Buttermilk Biscuits**^{*} Hash Brown Patties lard Cooked Eggs Δ* Scrambled Eggs with Tomato & Onion Δ^* Turkey Bacon ∆ Pork Sausage Δ Yogurt Bar Omelet Bar Breakfast Sausage VA Roasted Vegetable Frittata* Assorted Bagels^{*} Doughnuts*

DINNER

Beef & Broccoli A Moo Shu Vegetables V Sweet & Sour Chicken Vegetable Fried Rice VA Grilled Chicken Breast A Baby Bok Choy VA Jasmine Rice $V\Delta$ Bean Gumbo VΔ Marinara $V\Delta$ Bolognese Sauce Δ Penne V **Garlic Breadsticks*** Chocolate Layer Cake*

*= VEGETARIAN

Sunday 5.12

V = VEGAN

 Δ = PREPARED WHEAT FREE

BRUNCH

Oatmeal V Jalapeno Cheddar **Corn Muffins*** Maple Granola Muffins V Waffle Bar French Toast* **Buttermilk Biscuits* Diced Fried Potatoes** Hard Cooked Eggs Δ^* Scrambled Eggs Δ^* Sausage Gravy & Biscuits lickory Smoked Bacon $oldsymbol{\Delta}$ Breakfast Sausage VA logurt Bar Omelet Bar s Breakfast Δ* Assorted Bagels* Doughnuts*

DINNER

Spicy Bean Chili with Quinoa & Kale VA Garlic Roasted Chicken A Baked Atlantic Cod A Grilled Chicken Breast A Baked Potato VA Macaroni & Cheese Roasted Vegetables VA Beans & Rice $V\Delta$ Sugar Snap Peas VA Penne V Marinara $V\Delta$ Bolognese Sauce Δ Garlic Breadsticks* Sundae Bar

Monday 5.13

BREAKFAST

Oatmeal V Congee AV Cinnamon Walnut Lb Cake* Chocolate Muffins V Tater Tots Turkey Bacon Δ **Colossal Berry Crunch Pancakes** Hard Cooked Eggs Δ^* Scrambled **Assorted Bagels*** & Doughnuts* Yogurt & Omelet Bar

LUNCH

Chicken Noodle Soup French Onion Soup VA

Grilled Chicken Breast A Gemelli with Pesto Flame-Roasted Veggie "Chicken" Nuggets V Sweet Potato Fries Haricots Vert VA Pretzel Thins V White Bean & Vegetables VA Brown Rice VA Cheese Pizza * Alpine Pizza* Fresh Mozzarella Salad* Salad Bar Deli Bar Selection of Cookies* Strawberry Shortcake Parfait *

DINNER

Curried Beef Δ Cashew Chicken **Butter Tofu V** Grilled Chicken Breast A Vegetable Pilau VA Tabbouleh V Jasmine Rice VA Roast Vegetables & PiriPiri VA **Braised Collards** with Okra $V\Delta$ White Beans & Mushrooms Δ **Johnny Cakes*** Marinara $V\Delta$ Penne V Creamy Sundried Tomato Sauce*Δ **Garlic Breadsticks*** **Apple Pie***

Tuesday 5.14 **BREAKFAST** Oatmeal V Congee AV Coffee Cake*

Shredded Potatoes ΔV Hickory Smoked Bacon Δ Hard Cooked Eggs Δ^*

Assorted Bagels* Yogurt & Omelet Bar

LUNCH & LEMONADE

Mushroom Sesame Tofu Soup V∆

Cheese Steaks Δ

Kale Burgers V

Braised Black Beans VA

Cheese Pizza * Seasoned Fresh Broccoli VA

> Salad Bar Magic Cookie Bars*

Lemonade:

DINNER

Pork BBO Ribs A **BBQ** Chicken Quarters Pulled BBO **Carrot Sandwich V** Grilled Chicken Breast A Maple Baked Beans V Potato Salad^{*}∆ Green Beans VA Braised Kale VA Brown Rice <u>VΔ</u> Black Eyed Pea Gumbo AV **Buttermilk Biscuits*** Marinara VA Sausage Marinara Δ Garlic Breadsticks* Rotini V **Blueberry Pie V**

Wednesday 5.15

BREAKFAST

Oatmeal V Congee AV Iced Double Chocolate Loaf* Maple Granola Muffins

Diced Potatoes

Turkey Sausage Δ Hard Cooked Eggs Δ^*

Assorted Bagels* Doughnuts*

logurt & Omelet Bar

LUNCH

Turkey Noodle Soup Char-Broiled Beef Burger Vegetable Chow Mein Black Bean & Corn Burgers V

> **Tavern French Fries** Brown Rice $V\Delta$ Petite Spring Peas & Brunoise Carrots VA

Cheese Pizza * Pesto Trapanese Pizza* Strawberry Poppyseed

Tortilla Chips V Δ Salad Bar Deli Bar Selection of Cookies*

DINNER

Sweet Chili Chicken Wings A **Char Broiled Hamburgers** Grilled Chicken Breast Δ **Cheese Sticks** with Sriracha Ketchup* Spinach Artichoke Dip*∆ Malibu Burgers V Corn Dog Quarter Pound Hot Dogs White Rice $V\Delta$ Veg-head Cannellini Beans AV French Fried Potatoes Marinara $V\Delta$ Creamy Alfredo Sauce Penne V Garlic Breadsticks*

Chocolate Cheesecake*

avy Beans V Δ White Rice VA **Shoestring French Fries** Cheese Pizza * Crispy Asian Pizza Chicken Caesar Pasta Salad Salad Bar Deli Bar **Rocky Road Brownies*** Cannoli Parfait*

Thursday 5.16 BREAKFAST

Oatmeal V Congee AV Monkey Muffins* Home-fried Potatoes VA

Hickory Smoked Bacon Δ Hard Cooked Eggs Δ^*

Assorted Bagels* Doughnuts* Yogurt & Omelet Bar

LUNCH

Chicken Pot Pie Soup Tuscan Bean Soup VA Tortellini Primaver Tofu Stir Fry V∆ Beyond Burger Fresh Seasoned Vegetables

DINNER

Salmon with Capers Grilled Chicken Breast A Southern Fried Chicken Tofu Gumbo VA Yukon Gold Mashed Potatoes VA Broccoli & Cauliflower $V\Delta$ Peas & Carrots VA White Rice $V\Delta$ Lentils & Rice V Marinara $V\Delta$ Shrimp Scampi Sauce Δ Rotini V **Garlic Breadsticks** Strawberry Shortcake*

Friday 5.17 BREAKFAST

DINING SERVICES

Oatmeal V Congee ΔV Lemon Cranberry Muffin* ocolate Banana Muffin Shredded Potatoes AV

Chocolate Chip Pancake Pork Sausage Δ eaktast Sau

Hard Cooked Eggs Δ^* **Assorted Bagels*** & Doughnuts* Yogurt & Omelet Bar

LUNCH

Beef Noodle Soup eggie Bean Noodle Soup Grilled Chicken Parmesan Δ Bean & Cheese Quesadilla^{*} Kale Burgers V Diablo Panko

Crusted Green Beans* Kidney Beans with Herbs V∆ Brown Rice $V\Delta$ Cheese Pizza *Focaccia Pizza Tomato Avocado Salad V Δ Salad Bar Deli Bar Selection of Cookies* Peach Melba Parfait*

DINNER

Pozole V Elote *A **Beef Fajitas** Mahi Mahi Grilled Chicken Breast A Refried Beans VA ple Baked Beans ΔV Marinara $V\Delta$ Red Clam Sauce Δ Farfalle V Garlic Breadsticks* Cheesecake with Toppings*