

# ERDMAN DINING HALL

# DINING SERVICES

AT BRYN MAWR COLLEGE

Saturday 10/5

Sunday 10/6

Monday 10/7

Tuesday 10/8

Wednesday 10/9

Thursday 10/10

Friday 10/11

11

\* = VEGETARIAN  
 V = VEGAN  
 Δ = PREPARED WHEAT FREE  
 MENU MAY BE SUBJECT TO CHANGE

**BREAKFAST**  
 Oatmeal V  
 Overnight Oats : Mango V  
 Choc Almond Coffee Cake\*  
 Berry Pancakes\*  
 Tater Tots Turkey Bacon Δ  
 Breakfast Sausage ΔV  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs Δ\*  
 Assorted Bagels\*  
 Doughnuts\*  
 Yogurt Bar  
 Omelet Bar

**BREAKFAST**  
 Oatmeal V  
 Overnight Oats :  
 Dried Fruit\*  
 Chocolate Chip Muffins\*  
 Shredded Potatoes ΔV  
 French Toast\*  
 Hickory Smoked Bacon Δ  
 Breakfast Sausage ΔV  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs Δ\*  
 Assorted Bagels\* • Doughnuts\*  
 Yogurt Bar • Omelet Bar

**BREAKFAST**  
 Oatmeal V  
 Overnight Oats :  
 Chocolate Fudge V  
 Chocolate Chip Loaf\*  
 Diced Potatoes  
 Pancakes\*  
 Turkey Sausage Patty Δ  
 Breakfast Sausage ΔV  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs Δ\*  
 Assorted Bagels\* • Doughnuts\*  
 Yogurt Bar • Omelet Bar

**BREAKFAST**  
 Oatmeal V  
 Overnight Oats :  
 Pumpkin Pie V  
 Monkey Muffins\*  
 Hickory Smoked Bacon Δ  
 Home Fried Potatoes VΔ  
 French Toast Sticks\*  
 Breakfast Sausage ΔV  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs Δ\*  
 Assorted Bagels • Doughnuts\*  
 Yogurt Bar • Omelet Bar

**BREAKFAST**  
 Oatmeal V  
 Overnight Oats  
 with Dried Fruit\*  
 Chocolate Almond  
 Coffee Cake\*  
 Shredded Potatoes ΔV  
 Chocolate Chip Pancakes\*  
 Breakfast Sausage VΔ  
 Pork Sausage Δ  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs Δ\*  
 Assorted Bagels • Doughnuts\*  
 Yogurt Bar • Omelet Bar

**BRUNCH**

**BRUNCH**

**LUNCH**

**LUNCH**

**LUNCH**

**LUNCH**

**LUNCH**

Oatmeal V  
 Pancakes\*  
 Hard Cooked Eggs Δ\*  
 Fiesta Scrambled Eggs Δ\*  
 Chocolate Chip Loaf\*  
 Buttermilk Biscuits\*  
 Hash Brown Patties  
 Turkey Bacon Δ  
 Omelet Bar  
 Yogurt Bar  
 Assorted Bagels\*  
 Doughnuts\*  
 Breakfast Sausage VΔ  
 Pork Sausage Links Δ  
 Congee ΔV  
 Crepe Bar

Oatmeal V  
 French Toast\*  
 Hard Cooked Eggs Δ\*  
 Scrambled Eggs  
 with Kale & Mozzarella Δ\*  
 Chocolate Chip Muffins\*  
 Buttermilk Biscuits\*  
 Shredded Potatoes ΔV  
 Hickory Smoked Bacon Δ  
 Turkey Sausage Δ  
 Congee ΔV  
 Omelet • Yogurt Bar  
 Assorted Bagels\*  
 Doughnuts\*  
 Sausage Gravy  
 Breakfast Sausage VΔ  
 Waffle Bar

Turkey Noodle  
 Vegetable Soup  
 Butternut Squash Soup\* Δ  
 Peppercorn Parmesan  
 Chicken Sandwich  
 Black Bean Burger\*  
 Penne with Tomato & Basil V  
 French Fries  
 Steamed Leaf Spinach VΔ  
 White Beans & Vegetables VΔ  
 Brown Rice VΔ  
 Cheese Pizza\* • Alpine Pizza\*  
 Deli • Salad Bar  
 Kale, Quinoa & Edamame  
 Vegetable Salad ΔV  
 Selection of Cookies\*  
 Strawberry Shortcake Parfait\*  
**Fresh to Go!**  
 AMERICAN & SWISS SANDWICH  
 ASPARAGUS SALAD V

Hearty Beef Vegetable Soup Δ  
 Black Bean, Sweet Potato  
 & Quinoa Soup VΔ  
 Chicken Fillet Sandwich  
 Beyond Burger V  
 Lemony Pasta V  
 Grilled Chicken Breast Δ  
 Fresh Seasoned Broccoli VΔ  
 Braised Black Beans VΔ  
 Brown Rice VΔ  
 Cheese Pizza\* • Taco Pizza  
 Belgian Endive with Almonds\*  
 Deli Bar • Salad Bar  
 Magic Cookie Bars\*  
 Snickers Parfait\*  
**Fresh to Go!**  
 CAPE COD CHICKEN SANDWICH  
 BEET SALAD WITH CINNAMON

Chicken Escarole Soup  
 Autumn Vegetable Soup VΔ  
 Hot Dog Bar Kale Burger V  
 Edamame, Tofu & Fresh  
 Vegetable Stir-Fry VΔ  
 Crinkle Cut French Fries  
 Fresh Sautéed Kale VΔ  
 Pinto Beans VΔ Brown Rice VΔ  
 Cheese Pizza\*  
 Pesto Trapanese Pizza\*  
 Deli Bar • Salad Bar  
 Roasted Balsamic  
 Beet Salad VΔ  
 Selection of Cookies\*  
 Chocolate Oreo  
 Mousse Parfait\*  
**Fresh to Go!**  
 GARLIC MAYO  
 TURKEY & HAM SANDWICH  
 CORN & BLACK BEAN SALAD  
 WITH LIME VINAIGRETTE

Smoked Gouda Broccoli Soup\*  
 Maryland Crab Soup Δ  
 Chipotle Chicken Quesadilla  
 Ratatouille Pasta VΔ  
 Impossible Italian Sausage  
 with Peppers & Onions V  
 Roasted Red Potatoes VΔ  
 Petite Spring Peas &  
 Brunoise Carrots VΔ  
 Navy Beans VΔ  
 Brown Rice VΔ  
 Cheese Pizza\* Asian Pizza  
 Deli Bar • Salad Bar  
 Tortellini Salad  
 with Avocado & Feta\*  
 Rocky Road Brownies\*  
 Cannoli Parfait\*  
**Fresh to Go!**  
 ROSEMARY SALTED  
 ROAST BEEF WRAP  
 CARROT & CILANTRO SALAD

Beef Stuffed Pepper Soup Δ  
 Leek & Lentil Soup VΔ  
 Buffalo Style Chicken Wings  
 with Bleu Cheese & Celery  
 Grilled Chicken Breast Δ  
 "Chicken" Nuggets V  
 Rigatoni Ponza\*  
 Friday Fries  
 Fresh Seasoned  
 Vegetables VΔ  
 Kidney Beans with Herbs VΔ  
 Brown Rice VΔ  
 Cheese Pizza\* Focaccia Pizza\*  
 Caesar Salad  
 Deli Bar • Salad Bar  
 Selection of Cookies\*  
 Brownie Bombe Parfait\*  
**Fresh to Go!**  
 SICILIAN TUNA SANDWICH  
 SWEET PEA SALAD

**DINNER**

**DINNER**

**DINNER**

**DINNER**

**International BBQ**

**DINNER**

South Philly Italian  
 Roast Pork Sandwich  
 Breaded Chicken Sandwich  
 Sautéed Broccoli Rabe VΔ  
 Roasted Red Peppers VΔ  
 Fried Long Hot Peppers VΔ  
 Provolone Cheese\* Δ  
 Roasted Potato, Artichokes,  
 Mushrooms & Olives VΔ  
 Tomato Caprese  
 Sheet Pan Pasta\*  
 Roasted Italian Vegetables V  
 Marinara VΔ Pesto Sauce\*  
 Farfalle V  
 Garlic Breadsticks\*  
 Italian Lemon Cream Cake\*

Brisket with Wild Mushroom  
 Blend Demi-Glaze  
 Pan-Seared Sweet Potato  
 with Tempeh VΔ  
 Pierogies with  
 Peppers & Onions\*  
 Grilled Chicken Breast Δ  
 Baked Potato VΔ  
 Candied Carrots VΔ  
 Fresh Mixed Vegetables VΔ  
 Beans & Rice VΔ  
 Marinara VΔ  
 Bolognese Δ Farfalle V  
 Dinner Rolls\*  
 Sundae Bar

Tofu Stir Fry VΔ  
 Chicken Teriyaki Δ  
 Panko Crusted Salmon  
 with tonkatsu  
 White Rice VΔ  
 Spicy Szechuan Noodles V  
 Roasted Sesame Broccoli VΔ  
 Sugar Snap Peas VΔ  
 White Beans & Mushrooms ΔV  
 Marinara V  
 Sundried Tomato Sauce Δ\*  
 Farfalle V  
 Sesame Rolls  
 Dutch Apple Pie\*

Spiced Chicken  
 & Mango Salsa Δ  
 Cuban Sandwich  
 Grilled Tuna with Mojo Δ  
 Cuban Black Beans VΔ  
 Brown Rice VΔ  
 Fresh Fried Plantains  
 Flame Roasted  
 Mediterranean Vegetables VΔ  
 Marinara ΔV  
 Sausage Marinara Δ  
 Spaghetti V  
 Garlic Breadsticks\*  
 Carrot Cake\*

Cogochujang BBQ Pork ▯ Kokuho Rice V  
 Sesame Sautéed Napa Cabbage V White  
 Kimchi V ▯ Spicy Cucumber Salad V  
 Korean Spicy Glass Noodles V  
 Sirloin Steak with Cucumber Relish  
 Liberian Gravy V ▯ Jollof Rice V  
 Fried Plantains\* ▯ Hot Pepper Sauce ▯  
 Cornbread\* ▯ Shish Tawook Lebanese  
 Grilled Chicken ▯ Tempeh  
 Pita Bread ▯ Garlic Yogurt Sauce  
 Shawarma V ▯ Sumac Salad V  
 Lebanese Patata Salata V  
 Roasted Cauliflower with Tahini  
 Grilled Chorizo Sausage  
 Baiao de Dois V  
 Spring Mix Salad with Flowers  
 Roasted Spice Carrots V ▯ Cucumber V  
 Grilled Tofu ▯ Sesame Seeds  
 Lemon & Mint Infused Water  
 Lemongrass Ginger Tea  
 Mini Desserts ▯ Fresh Fruit

Grilled Marinated  
 Chicken Breast Δ  
 Taco & Nacho Fiesta  
 Balsamic Honey  
 Roasted Vegetables Δ\*  
 Collard Greens VΔ  
 Spanish Rice VΔ  
 Steamed Fresh Vegetables VΔ  
 Lentils & Rice ΔV  
 Marinara ΔV  
 Shrimp Scampi Sauce  
 Pasta V  
 Garlic Breadsticks\*  
 Churros\*

Happy  
 Fall  
 Break!