Erdman Dining Hall

Saturday 11/30

Sunday 12/1

*= VEGETARIAN V = VEGAN

A = PREPARED WHEAT

BRUNCH

Congee ∆V

Oatmeal V

Chocolate Chip Muffins*

Waffle Bar Buttermilk Biscuits*

Raisin Bread*

Shredded Potatoes ΔV Hard Cooked Eggs Δ*

Southwest

Scrambled Eggs Δ^* Turkey Sausage Δ

Hickory Smoked Bacon A

Breakfast Sausage V

Bagels* • Doughnuts*

French Toast*

BRUNCH

Cinnamon Walnut Pound Cake^{*} Congee∆V Oatmeal V Iced Carrot Loaf* Crepe Bar*
Buttermilk Biscuits* Pancakes* Hash Brown Patties Hard Cooked Eggs Δ* Sriracha Scrambled Eggs Δ* Pork Sausage Link A Turkey Bacon A Breakfast Sausage V Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

DINNER

Beef Marsala Curry A Tandoori Chicken A Indian Style Baked Tofu AV Lemony Rice ΔV
Grilled Chicken Breast Δ Indian Fried Cabbage AV Curry Coconut Roasted Cauliflower **DV** Bean Gumbo VA Brown Rice VA Marinara ΔV • Farfalle V Bolognese Sauce A Garlic Breadsticks* Cardamom Almond Rice Pudding*

Yogurt & Omelet Bar

DINNER

Honey Bourbon Ribs Buffalo Tofu Wings AV Fried Catfish with Tartar Sauce Grilled Chicken Breast A Roasted Broccoli AV Garlic Haricot Verts AV Mashed Potatoes AV Herbed Kidney Beans AV Steamed White Rice AV Garlic Breadsticks* Marinara AV Bolognese Sauce Δ Farfalle V Sundae Bar

Monday 12/2 **BREAKFAST**

Oatmeal V Overnight Oats : Mango V Marble Loaf Bread Tater Tots Berry Pancakes* Turkey Bacon A Breakfast Sausage VA Hard Cooked Eggs Δ* Scrambled Eggs *A Assorted Bagels* • Boughnuts* Yogurt Bar • Omelet Bar

LUNCH

Cheese Pizza* Sausage Pepper Pizza Pasta Piccata V Baked Potato Chowder* Mushroom Sesame Tofu Soup ΔV Grilled Chicken Breast Δ Black Bean & Corn Burger * Sweet Potato Fries Sweet Yellow Corn AV Brown Rice V
Asian Noodle Salad
White Beans & Vegetables V Salad Bar • Deli Bar Selection of Cookies Chocolate, Strawberry Shortcake Parfait* resh to Go! AMERICAN & SWISS SANDWICH ASPARAGUS SALAD V

DINNER

Stir-Fried Veggies AV General Tso's Chicken Sweet & Sour Mahi Mahi Grilled Chicken Breast A Sesame Napa Cabbage AV Kung Pao Tofu^{*} Fried Rice AV Jasmine Rice AV White Beans & Mushrooms AV Sesame Honey Bread? Marinara AV Farfalle V Creamy Blush Sauce A* Angel Food Cake with Berries & Whipped Cream*

Tuesday 12/3 **BREAKFAST**

Oatmeal V Overnight Oats: Dried Fruit V Blueberry Muffins* Shredded Potatoes AV French Toast * Bacon A Breakfast Sausage ΔV Hard Cooked Eggs *A Scrambled Eggs *A Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

LUNCH

Cheese Pizza* Chicken Fajita Pizza Chicken Noodle Soup Spicy Bean Soup AV Meatball Sandwich Turkey Burger A Kale Burgers V Braised Black Beans AV Crinkle Cut French Fries Brown Rice ΔV Broccoli Florets ΔV Superfood Salad Salad Bar • Deli Bar Dark Fudge Brownies *
Candy Cake Parfait * CAPE COD CHICKEN SANDWICH BEET SALAD WITH CINNAMON

DINNER

Chicken Fajita Beef Fajita Vegetable Fajita White Rice ΔV. Brown Rice ΔV Black Beans ΔV Pinto Beans ΔV Guacamole ΔV Tomato Salsa ΔV Corn Salsa ΔV Green Chili Salsa ΔV Sour Cream *Δ Shredded Cheddar *Δ Queso Blanco *A Chopped Romaine Tortilla Chips ΔV Jalapeno Wrap V Gluten Free Wrap AV Oreo Cream Pie*

Wednesday 12/4 **BREAKFAST**

Oatmeal V Overnight Oats: Chocolate Fudge V Chocolate Chip Loaf Bread* Diced Potatoes Pancakes* Italian Turkey Sausage Link Δ Breakfast Sausage ΔV Hard Cooked Eggs Δ* Scrambled Eggs \(\Delta^* \)
Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

LUNCH

Cheese Pizza* Roasted Veggie Pizza*
Crab Bisque Vegetable Soup ΔV
Grilled Turkey, Swiss &
Sun-Dried Tomato
Impossible Burgers VΔ White Bean Ratatouille VA Tavern Fries • Haricots Vert ΔV Grilled Romaine Salad AV Pinto Beans VA Brown Rice ΔV Salad Bar • Deli Bar Selection of Cookies * Really Dirty Dirt Pudding*

Fresh to Go!
GARLIC MAYO
TURKEY & HAM SANDWICH
CORN & BLACK BEAN SALAD
WITH LIME VINAIGRETTE

DINNER

Shrimp Creole Pot Pie V Southern Fried Chicken Grilled Chicken Breast A Collard Greens AV Cut Corn AV Whipped Yukon Gold Potatoes Δ* $\mathsf{Cornbread}^*$ Lentils & Rice AV Marinara **AV** Alfredo * Shells V Garlic Breadsticks* Turtle Cheesecake*

Thursday 12/5 BREAKFAST

Oatmeal V Overnight Oats : Pumpkin V Oreo Muffins Home Fried Potatoes AV French Toast Sticks Bacon A Breakfast Sausage AV Hard Cooked Eggs Δ* Scrambled Eggs A* Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

LUNCH

Cheese Pizza* Margherita Pizza* Texas Alarm (Beef) Chili Δ Tuscan Minestrone ΔV
Crispy Chicken Tenders
Kale Burger V
Aged Cheddar Mac & Cheese* Sweet Potato Wedges ΔV Grilled Vegetables with Cilantro ΔV Navy Beans ΔV Brown Rice ΔV Salad Bar • Deli Bar Grilled Shrimp Salad A S'mores Mousse Parfait* Rice Krispy Treats Fresh to Go!
ROSEMARY SALTED ROAST BEEF WRAP CARROT & CILANTRO SALAD

DINNER

Flank Steak Arrabiatta A Braised Calamari A Spinach & Basil Risotto Stuffed Peppers * Grilled Chicken Breast A Grilled Vegetables VA Cauliflower & Chickpea Piccata V Olive Oil Pasta Parmesan, Chili & Garlic* Veg-head Cannellini Beans ΔV Assorted Rolls* Marinara **AV** Blush Sauce* Shells V Gelato Affogato Δ*

Oatmeal V Overnight Oats: Dried Fruit* Iced Lemon Loaf* Shredded Potatoes AV Chocolate Chip Pancakes* Pork Sausage Links A Breakfast Sausage ΔV Hard Cooked Eggs Δ* Scrambled Eggs A* Assorted Bagels* • Doughnuts* Yogurt Bar • Omelet Bar

DINING SERVICES

Friday 12/6

BREAKFAST

LUNCH

Cheese Pizza*Pepperoni Pizza Turkey Rice Soup Δ Meatball Tortellini Soup Cheese Ravioli with Artichokes & Roasted Tomatoes * Beyond Italian Sausage & Peppers ΔV
Char-Broiled Beef Burgers Δ
Roasted Vegetables ΔV Onion Rings Brown Rice AV Kidney Beans with Herbs VA Italian Hoagie Salad with Oregano Vinaigrette Salad Bar • Deli Bar Selection of Cookies *
Salted Caramel Parfait Δ* SICILIAN TUNA SANDWICH SWEET PEA SALAD

COSPLAY HOLIDAY DINNER

Braised Beef Short Ribs Sweet Chili Vegan Chicken Drumsticks V Garlic Mashed Potatoes with Butter Milk* Metropolitan Rolls

DESSERT SERVED AT OLD LIBRARY Gourmet Cupcakes V e V Mocktails Spiced Cranberry Juice