

Saturday 12/14

Sunday 12/15

Monday 12/16

Tuesday 12/17

Wednesday 12/18

Thursday 12/19

III

BREAKFAST

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* = VEGETARIAN
 V = VEGAN
 Δ = PREPARED WHEAT FREE
 MENU MAY BE SUBJECT TO CHANGE

Oatmeal V
 Overnight Oats : Mango V
 Marble Loaf Cake*
 Berry Pancakes*
 Turkey Bacon Δ Tater Tots
 Breakfast Sausage VΔ
 Hard Cooked Eggs Δ*
 Scrambled Eggs Δ*
 Assorted Bagels* • Doughnuts*
 Yogurt Bar • Omelet Bar

Oatmeal V
 Overnight Oats:
 Dried Fruit V
 Blueberry Muffins*
 Shredded Potatoes VΔ
 French Toast*
 Hickory Smoked Bacon Δ
 Breakfast Sausage VΔ
 Hard Cooked Eggs Δ*
 Scrambled Eggs Δ*
 Yogurt Bar • Omelet Bar
 Doughnuts* Bagels*

Oatmeal V
 Overnight Oats :
 Chocolate Fudge V
 Banana Nut Loaf*
 Diced Potatoes
 Pancakes*
 Turkey Sausage Patty Δ
 Breakfast Sausage VΔ
 Hard Cooked Eggs Δ*
 Scrambled Eggs Δ*
 Yogurt Bar • Omelet Bar
 Doughnuts* Bagels*

Oatmeal V
 Overnight Oats :
 Pumpkin Oats V
 Oreo Cookie Muffins*
 Home fried Sliced Potatoes VΔ
 French Toast Sticks*
 Hickory Smoked Bacon Δ
 Breakfast Sausage VΔ
 Hard Cooked Eggs Δ*
 Scrambled Eggs Δ*
 Yogurt Bar • Omelet Bar
 Doughnuts* Bagels*

Oatmeal V
 Overnight Oats: Dried Fruit*
 Lemon Ice Loaf*
 Shredded Potatoes VΔ
 Chocolate Chip Pancakes*
 Pork Sausage Patty Δ
 Breakfast Sausage VΔ
 Hard Cooked Eggs Δ*
 Scrambled Eggs Δ*
 Yogurt Bar • Omelet Bar
 Doughnuts* Bagels*

BRUNCH

BRUNCH

LUNCH

LUNCH

LUNCH

LUNCH

LUNCH

CongeeΔV
 Oatmeal V
 Pancakes*
 Hard Cooked Eggs *Δ
 Avocado Scrambled Eggs *Δ
 Iced Carrot Loaf*
 Buttermilk Biscuits*
 Hash Brown Patties
 Turkey Bacon Δ
 Pork Sausage Links Δ
 Doughnuts*
 Bagels*
 Breakfast Sausage VΔ
 Crepe Bar

CongeeΔV
 Oatmeal V
 French Toast*
 Hard Cooked Eggs *Δ
 Akoori Scrambled Eggs *Δ
 Chocolate Chip Muffins*
 Buttermilk Biscuits*
 Shredded Potatoes VΔ
 Hickory Smoked Bacon Δ
 Turkey Sausage Δ
 Doughnuts*
 Bagels*
 Breakfast Sausage VΔ
 Waffle Bar

Turkey Rice Soup Δ
 Fire Roasted Tomato Soup V
 Sourdough Grilled
 Cheese Sandwich*
 Grilled Chicken Sandwich Δ
 Beyond Sausage & Pepper ?
 Seasoned Fried Potato Wedges
 Seasoned Vegetable Medley VΔ
 White Bean & Vegetables VΔ
 Brown Rice VΔ
 Cheese Pizza*
 Sausage Pepper Pizza
 Asian Noodle Salad
 Salad Bar Deli Bar
 Selection of Cookies*
 Chocolate Oreo Mousse Parfait*

Fresh to Go!
 AMERICAN & SWISS SANDWICH
 ASPARAGUS SALAD V

Chicken Escarole Soup
 Lentil Soup VΔ
 Cacciatore with Tofu
 Kale Burgers V
 Tortellini with
 Bacon & Tomatoes
 Tater Tots
 Fresh Seasoned Broccoli VΔ
 Braised Black Beans VΔ
 Brown Rice VΔ
 Cheese Pizza*
 Chicken Fajita Pizza
 Salad Bar • Deli Bar
 Tuna Pasta Salad VΔ
 Snicker Delight Parfait*
 Dark Fudge Brownies

Fresh to Go!
 EASTERN EUROPEAN
 TURKEY CLUB
 GERMAN POTATO SALAD

New England Clam Chowder
 Tomato Florentine Soup VΔ
 Grilled Turkey Burger
 with Onions & Mushrooms Δ
 "Chicken" Nuggets V
 Mushroom Cheddar
 Quesadilla*
 Baked Sweet
 Potato Wedges VΔ
 Fresh Baby Carrots VΔ
 Pinto Beans VΔ Brown Rice VΔ
 Cheese Pizza*
 Roasted Veggie Pizza*
 Grilled Shrimp Salad
 with Honey Mustard Vinaigrette
 Salad Bar • Deli Bar
 Selection of Cookies*
 Really Dirty Dirt Pudding*

Fresh to Go!
 GARLIC MAYO
 TURKEY & HAM SANDWICH
 CORN & BLACK BEAN SALAD

Navy Bean Soup VΔ
 Chicken Tortilla Soup
 Chicken Fajita
 Tofu Fajita V • Pork Fajita
 Santa Fe Strata* Δ
 Black Bean & Corn Burgers V
 Sweet Yellow Corn VΔ
 Navy Beans VΔ
 Brown Rice VΔ
 Cheese Pizza*
 Margherita Pizza*
 Tortilla Chip Salad
 Salad Bar • Deli Bar
 S'mores Mousse Parfait
 Rice Krispy Treats

ROSEMARY SALTED
 ROAST BEEF WRAP
 CARROT & CILANTRO SALAD

CANDY DAY

Creole Seafood Gumbo
 Local Mushroom Bisque*
 Cheesesteak Quesadilla
 Kale Burgers V
 Grilled Honey
 Mustard Chicken
 Friday Fries
 Haricots Vert VΔ
 Caesar Salad
 with Roasted Red Peppers
 Kidney Beans with Herbs VΔ
 Cheese Pizza*
 Pepperoni Pizza
 Brown Rice VΔ
 Salad Bar • Deli Bar
 Selection of Cookies*
 Caramel Pretzel Parfait* Δ

Fresh to Go!
 SICILIAN TUNA SANDWICH
 SWEET PEA SALAD

DINNER

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Bean & Bean Gumbo V
 Peruvian Quinoa Stew V
 Pescado Sudado
 Flank Steak Saltado
 Grilled Marinated
 Chicken Breast
 French Fried Potatoes*
 Corn with Cilantro & Lime
 Green Beans
 with Red Onion & Peppers
 White Rice
 Corn Bread Marinara VΔ
 Bolognese Penne V
 Mississippi Mud Cake*

Grilled Beef Teriyaki
 Chicken Szechuan
 Garlic & Broccoli Tofu
 Snow Peas
 Oven Roasted Vegetables VΔ
 Jasmine Rice
 Marinara VΔ
 Rotini V
 Bolognese Sauce
 Sesame Roll
 Sundae Bar

Jerk Chicken Δ
 Island Tilapia Δ
 Beef Stew with Peas Δ
 Grilled Chicken Breast Δ
 Jollof Rice VΔ Fried Plantains
 Cabbage & Carrots VΔ
 Curry Potato & Chick Peas VΔ
 White Beans & Mushrooms ΔV
 Sesame Roll
 Marinara VΔ
 Bow Tie Pasta V
 Creamy Blush Sauce * Δ
 Garlic Breadsticks*
 Coconut Cake with Rum Sauce*

Make Your Own
 Asian Noodle Bowl
 NOODLES:
 Lo Mein • Udon
 Rice Noodles
 Buckwheat Soba Noodles
 STOCKS:
 Turkey • Clam • Mushroom
 Beef • Chicken • Vegetable •
 Tofu • Pork
 Scallions • Sweet Yellow Corn
 Bean Sprouts • Snow Peas
 Egg Rolls
 Grilled Chicken Breast Δ
 Sesame Rolls
 Oreo Cream Pie*

"Chicken" & Dumplings V
 Roast Turkey Breast Δ
 Grilled Chicken Breast Δ
 Kale & Artichoke
 Stuffed Portabella Mushroom *
 Whipped Yukon
 Gold Potatoes* Δ
 Herbed Bread Dressing V
 Sweet Yellow Corn ΔV
 Steamed Leaf Spinach VΔ
 Veg-head Cannellini Beans ΔV
 Corn Bread* Marinara VΔ
 Pesto Sauce* Farfalle V
 Sweet Potato Pie *

Kalbi
 Lentils & Rice VΔ
 Scallion Pancakes*
 Korean BBQ Salmon
 Spicy BBQ Tofu V
 Pickled Tarragon Carrots VΔ
 Sesame Pepper
 Bean Sprouts VΔ
 Soy Glazed Shiitake VΔ
 Peppered Edamame VΔ
 Baby Bok Choy VΔ
 Pickled Radish V
 Sticky Rice VΔ
 Marinara VΔ Carbonara
 Penne V Garlic Breadsticks*
 Limoncello Cake*

**Happy
 Holidays!**