## NEW DORM DINING HALL

Monday 1/13

LUNCH

**Beef Noodle Soup** Cheesesteak Sandwich **Vegetable Lo Mein** with Tofu V Jasmine Rice V Vegetable Of The Day Spring Mix Cucumber Grape Tomato Ranch Salad Dressing Lite Olive Oil Vinaigrette Chicken Salad Apple Cinnamon Muffins V Chocolate Chip Muffins\* Chocolate Chip Cookies\* Fruit Salad Sliced Almonds Cream Cheeses Jelly **Butter & Margarine** Red Delicious Apples Banana Selection of Donuts Plain Bagels\* Yogurt Cups **Assorted Cereal** Peanut Butter Lemonade **Bottled Water** 

Apple Juice Fruit Punch

Tuesday 1/14

LUNCH

Cream of Broccoli Soup \*

Marinated Char-Grilled

Chicken Breast Sandwich

White Basmati Rice V

Vegetable Of The Day Asian Noodle Salad

Spring Mix

Cucumber

Grape Tomato

Ranch Salad Dressing \*

Lite Olive Oil Vinaigrette

Chicken Salad

Cranberry Orange

Muffins V

Oreo Cookie Muffin\*

Oatmeal Cookies\*

Fruit Salad

Sliced Almonds

Cream Cheeses Jelly

**Butter & Margarine** 

Red Delicious Apples

Banana

Selection of Donuts

Plain Bagels\*

Yogurt Cups

**Assorted Cereal** 

**Peanut Butter** 

**Bottled Water** 

**Apple Juice** 

Fruit Punch

Lemonade

Wednesday 1/15 LUNCH

Fire Roasted Tomato Soup V **Buffalo Style Chicken Wings** Black Bean & Rice Burrito V Sticky Rice V

Vegetable Of The Day Pasta Salad with

**Sun-Dried Tomatoes**† Spring Mix

> Cucumber Grape Tomato

Ranch Salad Dressing \* Lite Olive Oil Vinaigrette Chicken Salad

Banana Muffins V

Chocolate Chocolate Chip Muffins\* Chocolate Chip Cookies\*

Fruit Salad Sliced Almonds

Cream Cheeses Jelly **Butter & Margarine** 

Red Delicious Apples Banana

Plain Bagels\*

**Assorted Cereal** 

Lemonade

**Bottled Water** 

Fruit Punch

Thursday 1/16

LUNCH

Corn Chowder V

**Crispy Chicken Tenders** Jerk Tofu V

Jasmine Rice V Vegetable Of The Day

> Potato Salad Spring Mix

Carrot Sticks Cucumber

Grape Tomato
Ranch Salad Dressing \*

Lite Olive Oil Vinaigrette Tuna Salad

Lemon Poppyseed Muffins\*

Fruit Salad

Sliced Almonds

Cream Cheeses Jelly Butter & Margarine

Red Delicious Apples Banana

Selection of Donuts Plain Bagels\*

**Assorted Cereal** 

Lemonade

**Bottled Water** 

Fruit Punch

Friday 1/17

LUNCH

Mushroom Sesame Tofu Soup V **Char Grilled Pesto** 

Chicken Sandwich

Asparagus & Fontina Macaroni & Cheese\*

White Basmati Rice V

Vegetable Of The Day

Potato Salad with Horseradish

Spring Mix Cucumber

**Grape Tomato** Ranch Salad Dressing \*

Lite Olive Oil Vinaigrette-Tuna Salad

**Blueberry Muffins V** 

Cranberry Orange Muffins\* Oatmeal Cookies\*

> Fruit Salad Sliced Almonds

Cream Cheeses Jelly **Butter & Margarine** 

Red Delicious Apples Banana

Selection of Donuts

Plain Bagels\* Yogurt Cups

**Assorted Cereal** 

Peanut Butter

Lemonade Milk **Bottled Water Apple Juice** 

NING SERVICES

AT BRYN MAWR COLLEGE